

MYP Personal Project Presentation

Now it's time to present your MYP Personal Project! You have completed a lot of work independently and it's time to present your work to your peers and advisor. Please follow the outline below during your presentation.

1. Introduction (1 min max)

- State your name, goal of your project, and product
- Briefly describe why you chose this project

2. Presentation of Product (5 min max)

- Briefly describe the success criteria you designed to evaluate your product
- Present your product

3. Approaches to Learning (2 min max)

- Choose 2 ATL skills and tell how you used them to complete your learning goal and product

4. Final Reflection (2 min max)

- Briefly tell what you are most proud of or what you would change/ do differently
- Describe your learning goal and/or product's impact on yourself and/or your community.

5. Closing (30 sec max)

- Thank your audience (peers) for their attention.

Example

Good morning, my name is Ima Student. The goal for my project was to design a fitness program for teens. I chose this project because I wanted to learn more about making healthy choices and fitness and helping my friends improve their personal health.

Now I am going to show you the fitness program that I created. My criteria were my program needed to be founded in research, included 7 days of healthy meals, included a 30 day training schedule, and was interesting to teens. The most interesting feature is the meal plan. I was able to create 7 days of healthy breakfasts, lunches, dinners, and even snacks. Also, the exercises were easy to do anywhere and anytime because you don't need equipment, like weights.

Throughout this project, I had to use several Approaches to Learning Skills. For this project, I had to really use my self- management skills to finish on time. I used ManageBac to keep up with due dates, but I also used a wall calendar at home to determine when I was going to work on my project and other school work.

I am most proud of my fitness plan. I really think it can help teens feel better about their health. I thought that my fitness plan would only help teens, but now my family uses some of the meals and we exercise together. Changing to more healthy eating habits has impacted my health. We all feel great!

I hope you enjoyed my presentation. Thank you!

Other things to remember:

- Practice your presentation at home- your presentation must be between **8-11 minutes**.
- Write out what you are going to say during your presentation on notecards.
- Speak clearly during your presentation.
- Make sure your product is finished and bring it on your presentation day.
- Check on technology (If you need a computer, talk with your advisor.)
- This is your time to share your research, your product, and your growth with your peers.
- Be Proud of your hard work!